COMMONWEALTH UNIVERSITY



College of Medicine

MD 1 SYLLABUS LECTURE & ASSIGNMENT SCHEDULE FALL 2023 SESSION — MD SEMESTER 1

Date	Topics
Oct 11 th , 2023	Classes begin
	Fundamental Concepts
$Oct 12^{th}, 2023$	Normal Human Structure and Function - Basic Biological Principles
	Normal Human Structure and Function – Introduction to Cardiovascular
Oct 13 th , 2023	System
,	Normal Human Structure and Function – Introduction to Gastrointestinal
Oct 16 th , 2023	System
<u>.</u>	Normal Human Structure and Function – Introduction to Endocrine
Oct 17 th , 2023	System
	Quiz
	Normal Human Structure and Function – Introduction to Reproductive
$Oct 18^{rd}, 2023$	System
	Normal Human Structure and Function – Introduction to Urogenital
Oct 19 th , 2023	System
Oct 20 th , 2023	Normal Human Structure and Function – Introduction to Renal System
	Normal Human Structure and Function – Introduction to Pulmonary
Oct 23 rd , 2023	System and Acid - Base
	Normal Human Structure and Function – Introduction to Special Senses &
Oct 24 th , 2023	Integumentary System
	Quiz
Oct 25 th , 2023	Mind and Brain – Introduction to Neuroscience
Oct 25 th , 2023 Oct 26 th , 2023 Oct 27 th , 2023	Mind and Brain – Introduction to Neuroanatomy
Oct 27 th , 2023	Mind and Brain – Introduction to Behavioral Science
Oct 30 th , 2023	Mind and Brain – Introduction to Ethics
Oct 31 st , 2023	Mind and Brain – Introduction to Head & Neck Anatomy
	Quiz
Nov 1 st , 2023	Molecular Basis of Medicine – Introduction to Biochemistry
Nov 2 nd , 2023 Nov 3 rd , 2023	Molecular Basis of Medicine – Introduction to Molecular Biology
Nov 3 rd , 2023	Molecular Basis of Medicine – Introduction to Medical Genetics
Nov 6 th , 2023	Molecular Basis of Medicine – Introduction to Cancer
a COI	Quiz ONWEALTH UNIVERSITY
Nov 7 th , 2023	Introduction to Epidemiology & Biostatistics
th	Introduction to Patient Centered Clinical Education – Physician Patient
Nov 8 th , 2023	Communication
ar oth acce	Introduction to Patient Centered Clinical Education – Medical
Nov 9 th , 2023	Interviewing
Nov 10 th , 2023	Review session
Nov 13 th , 2023 – Nov 15 th , 2023 Nov 16 th , 2023	First Monthly Exam
Nov 16 th , 2023	Introduction to Patient Centered Clinical Education – Physical Diagnosis
Nov 17 th , 2023	Introduction to Patient Centered Clinical Education – Health Promotion
	Introduction to Patient Centered Clinical Education – Patient Care and
Nov 20 th , 2023	Professionalism
	Introduction to Patient Centered Clinical Education – Interpersonal and
Nov 21 st , 2023	Communication Skills

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	T
Nov 22 nd , 2023 Nov 23 rd , 2023	Quiz
Nov 23 ^{ra} , 2023	Review session
Nov 24th, 2023	Review session
a a	Musculoskeletal System
Nov 27 th , 2023	The purpose of teaching musculoskeletal anatomy, definitions and terms
	The topics of anatomy base information about muscle and
	The topics of anatomy base information about muscle osteology of upper
Nov 28 th , 2023	limb bones including clavicle, scapula and Humerus.
	Forearm bones (radius and ulna), wrist, hands and fingers.
	Axillary cavity (position, walls, muscle specifications)
a a	The contents of the axillary cavity (arterial and vesicle axillary lymphatic
Nov 29 th , 2023	complexes)
	(Quiz)
d.	Continue the contents of the cavity (brachial network) - scapular muscles
Nov 30 th , 2023	(deltoid, trapezius, rotator cuff) triangular and quadrangular spaces
	Arm area (vessels and superficial nerves), anterior and posterior
Dec 1 st , 2023	department muscles (muscle characteristics)
	Arm vessels (artery and vein brachial), Arm nerves
Dec 4 th , 2023	(musculocutaneous, median, ulnar, radial)
	The anterior forearm compartment muscles (surface and deep muscle) of
Dec 5 th , 2023 Dec 6 th , 2023	the forearm region
Dec 6 th , 2023	Nerves of the forearm (Medina, Ulnar and Radial)
	(Quiz)
	The posterior compartment muscles of the forearm (surface and superficial
Dec 7 th , 2023	muscle characteristics),
	radial and ulnar arteries, wrist retinaculum (flexor and extensor
Dec 8 th , 2023 Dec 11 th , 2023	retinaculum) and their content
Dec 11 th , 2023	The importance of its hand and performance in everyday life, hand creases.
	Hand muscle muscles: hypothenar, thenar, lumberical muscles and their
a a	bones and their characteristics, hand vessels (surface archs and deep),
Dec 12 th , 2023	hands nerves
Dec 14 th , 2023	General look at lower limb skeletons - pelvic girdle (hip bone) - femur
Dec 15 th , 2023	Review N W EALI FI UNIVERSITY
Dec 18th, 2023 –	Second Monthly Exam
Dec 20th, 2023	
cot	Legal bones (Tibia and fibula), general look at foot bones (Talus,
Dec 21 st , 2023	calcaneus, etc.) Tommorou's Doctors Today
nd	The gluteal region (surface muscle characteristics) arteries and nerves
Dec 22 nd , 2023	(sacral network) of gluteal area,
- oth o	fascia lata and tensor fascia lata muscles, superficial and deep fascia of the
Dec 26 th , 2023	femur
	(Quiz),
D anth coos	anterior, posterior and medial compartment of femur (muscles, vessels and
Dec 27 th , 2023	nerves)
D anth and	anterior, posterior and medial compartment of femur (muscles, vessels and
Dec 28 th , 2023	nerves)

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	Anatomical spaces of the anterior and medial region (femoral triangle,
Jan 3 rd , 2024	adductor canal) and their contents
	Anatomical spaces of the anterior and medial region (femoral triangle,
Jan 4 th , 2024	adductor canal) and their contents
	Superficial and deep fascia, anterior, posterior and lateral compartment of
Jan 5 th , 2024	leg (muscle characteristics),
	popliteal cavity, and its contents, vessels and nerves of the calf region of
Jan 8 th , 2024	lower leg.
	(Fourth Quiz) - Ankle retinaculum (executor, flexor and proneal) and their
Jan 9 th , 2024	contents.
Jan 10 th , 2024	Ankle retinaculum (executor, flexor and proneal) and their contents.
	The characteristics of the dorsal and plantar muscles (first to fourth layers),
Jan 11 th , 2024	vessels and nerves of the foot.
Jan 12 th , 2024	Limbs growth and development.
Jan 15 th , 2024	Muscular system of limbs, vertebral column and sternum development.
Jan 16 th , 2024	Review
Jan 17 th – 19 th , 2024	Final Exams
$Jan\ 22^{nd} - 31^{st},\ 2024$	Semester Break





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Educating Tommorow's Doctors Today